

# Sponsors

**Kuyahoorra Rotary Club  
Town of Russia**

**Kuyahoorra Farmers' Market  
Route 8 in Poland  
c/o Heather Perretta  
5 Blue Heron Drive  
Barneveld NY 13304**

# Kuyahoorra Farmers' Market



**Wednesdays 2:30 - 6:30 pm  
Route 8 Poland  
June 9th Through October 13th**

## Shop at the Kuyahoorra Farmers' Market

The market offers a variety of fresh, locally grown produce, eggs, herbal products and baked goods as well as cut flowers, potted plants and handcrafted gifts.

Come and enjoy shopping for local products while catching up with friends and neighbors.

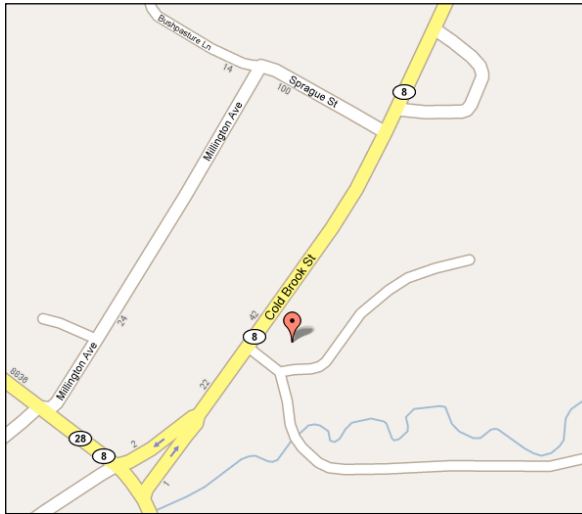


### Why buy local?

- Get the freshest food for you and your family
- Lower your grocery bills by buying food that travels a shorter distance (Most produce in the US is picked 4 to 7 days before being placed on supermarket shelves, and is shipped for an average of 1500 miles before being sold. With current fuel prices more miles equal high food prices.)
- Support our heritage and our community by supporting local farmers
- Know where your food is coming from and how it's grown
- Reconnect with local producers

## Where is the market located?

The market is located on Route 8 in Poland near the Post Office on the same side of the road.



## When is the Market open?

June 9th, 2010 through October 13th, 2010.

Every Wednesday, rain or shine from 2:30 - 6:30 pm.

**Visit us on the web at**  
**[www.kvfarmersmarket.com](http://www.kvfarmersmarket.com)**

## What forms of payment can I use?

Cash  
WIC coupons  
Senior coupons

## How can I become a vendor?

New vendors with homegrown or homemade products are always welcome. Contact a market manager for details.

## Are there opportunities for non-profit organizations?

Non-profit organizations, school groups, and community organizations are encouraged to contact a market manager to discuss vending at one of our weekly markets free of charge.



## Market Managers:

[kvfarmersmarket@gmail.com](mailto:kvfarmersmarket@gmail.com)

Heather Perretta: 315-794-4915

Tammy Ford: 315-868-2670